

An Introduction to Human Rights Online Workshops 2021



These workshops are for people with a learning disability, autism and family carers who live in our member areas in the North East or Yorkshire and Humber



A fun, easy to understand and empowering workshop that will help you to



- Know what your Human Rights are
- Know what to do if your Human Rights are not met
- Know who can help or who to ask, to make sure you get your Human Rights

An online workshop is in two sessions both sessions are 2 hours with a break in between and held over 2 days.



To book a place use the link for the date you would like to attend or telephone Melissa on 0113 2444792



<http://bit.ly/Humanrights9th10thFeb>



<http://bit.ly/Humanrights9th10thMarch>



<http://bit.ly/Humanrights1314April>



<http://bit.ly/HumanRights1112May>



<http://bit.ly/humanrights89June>



<http://bit.ly/humanrights1011aug>



<http://bit.ly/Humanrights1415sept>



<http://bit.ly/humanrights1213oct>



<http://bit.ly/humanrights910nov>



For more information contact Sandy

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Our member areas in the North East are Darlington, Durham, Gateshead, Hartlepool, Newcastle, North Tyneside, Northumberland, Redcar and Cleveland, South Tyneside, Stockton and Sunderland



Our member areas in Yorkshire and Humber are Barnsley, Bradford, Calderdale, Doncaster, Kirklees, North Yorkshire and Wakefield



Inclusion North exists to make inclusion a reality for all people with a learning disability or autism and their families.