

WHO guidance on community mental health services: Promoting person-centred and rights-based approaches

The World Health Organization works to promote good health around the world.

They have written a new report about mental health services. It is about what makes a good mental health service.

They give examples from around the world. KeyRing is one of the examples.

What does the report say?

The report says that too many services treat people badly. They do not respect people's human rights.

It says that services should:

- Be person-centered
- Focus on helping people recover
- Be based on human rights
- Support people with other things that affect their mental health like housing, education, work and relationships

They say that services that do this can cost less AND be better for people.

The report explains what needs to happen so that everyone can get this kind of support.

Who should read the report?

People who make decisions about mental health services. This could be local authority commissioners, councilors, or MPs.

People who use services, especially if they are not happy with their support.

You can share the guide with your local Member of Parliament and ask them to speak up about people's right to good quality, person-centred support in their community. .

You can share this link with them:

<https://www.who.int/publications/i/item/guidance-and-technical-packages-on-community-mental-health-services>